

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here for You!

WHOLE EARTH & SEA

Fermented ORGANIC

Greens 64.99

★ Green super-food formula contains fermented grasses, fruits, vegetables and micronized medicinal mushroom to support an active, healthy lifestyle

390 g SAVE \$5.00



JOIN US WEDNESDAY APRIL 24TH FOR EDIBLE ISLAND'S **Wellness Wednesday** SAVE 15% ON PERSONAL CARE & VITAMINS

LAST WED. OF EVERY MONTH!

HEALTH

LIVING ALCHEMY ORGANIC Wisdom

★ Potent fermented herbal blend of organic whole food plants including turmeric, holy basil and gotu kola for optimal brain health

34.99

60 Caps SAVE \$5.00



BACH Rescue Pastilles Natural Stress Relief

★ Each delicious pastille contains 4 drops of Rescue Remedy flower essences

9.99

35 Lozenges SAVE \$1.00

★ All Flavours On Sale



HARMONIC ARTS ORGANIC Lung + Cough Syrup

★ Great herbal blend helps to ease breathing, relieve cough and sore throat

20.99

250 mL SAVE \$3.00



HEALTHOLOGY Lung-FX

★ Works by providing antioxidant support while working as an expectorant to help eliminate excess mucous from the upper respiratory passages

32.99

90 vCaps SAVE \$4.00

★ Support for short and long term exposure to damage



PRAIRIE NATURALS Enzyme Force

★ Plant based, full-spectrum digestive enzyme blend for optimal digestion of proteins, carbs, fats and fibre

24.99

60 vCaps SAVE \$3.00

★ Helps correct the underlying causes of indigestion



ORGANIC PRODUCE

ORGANIC Pineapple MEX



5.99

EACH SAVE \$1.00

ORGANIC BC Heirloom Tomatoes



6.49 lb

\$14.28 kg SAVE \$1.00/lb

ORGANIC CA Dandelion Greens



3.99

A Bunch SAVE \$1.00

GROCERY

Many More Amazing Deals In Store!

BOB'S RED MILL Best Selling Bags of Nutritional Yeast

142 g **7.99** **SAVE 20%**



★ BOB'S RED MILL OATS, MUESLI, AND GRANOLAS ALSO ON SALE!



HIPPIE SNACKS Plant-Based Crisps

70 g **4.99**

SAVE OVER 20%

★ MADE IN BURNABY



SPREAD'EM Plant-Based Creamy Cheezy Spreads

183 g **7.99** **SAVE 20%**

★ 9 VARIETIES



BETTER BOVINE Extra-Lean Beef Jerky

50 g **9.99**

★ CANADA'S CLEANEST & MOST DELICIOUS BEEF JERKY, MADE WITH 100% GRASSFED BEEF



New!
This Week Only!
SAVE 15%



NAKED & SAUCY ORGANIC Peanut Sauce Soy Substitute -Low Sodium

296 mL **7.99**

★ ALL NAKED SAUCES & DRESSINGS ON SALE!

SAVE UP TO 20%



GT'S LIVING FOODS Synergy Kombucha

480 mL **4.79**

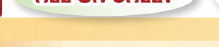
ALL ON SALE! **SAVE OVER 15%**



RIZOPIA ORGANIC Gluten-Free Brown Rice Pastas

454 g **2.99** **SAVE 30%**

ALL ON SALE!

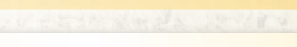


PACIFIC FOODS ORGANIC Vegan Chilis

468 g **4.99**

★ 3 VARIETIES

SAVE OVER 20%



VG GOURMET Plant-Based Burgers

400 g **8.99**

★ CANADIAN-MADE, WITH WHOLE FOOD INGREDIENTS

ALL ON SALE! **SAVE 18%**



★ Please check all ingredients to ensure products are right for you



SALES ON FROM

APRIL 24 TH TO APRIL 30 TH

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116

