

EDIBLE ISLAND

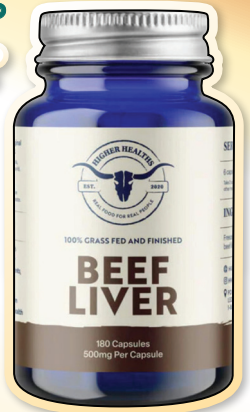
WHOLE FOODS MARKET

We're Here for You!

HIGHER HEALTHS

Beef Liver

★ High-quality freeze-dried organ meat capsule strictly sourced from Canadian Regenerative farmers using 100% grass-fed/finished Canadian cattle, Beef liver, heart, kidney or a combination of the 3!
★ Hormone and pesticide free



180 Caps **SAVE UP TO 10%**

HEALTH

NAKA PLATINUM

Heme Iron 23.99

★ Superior bioavailability providing highly absorbable iron, treats deficiencies, boosts energy and combats fatigue, gentle on the stomach ★ Hormone free

SAVE 20%



SALUS ORGANIC

Black Radish Juice 200 mL

SAVE 15%

★ Fresh-pressed, potent, nutrient-dense for supporting liver detox, stimulating bile production and aiding digestion, helps break down fat-soluble toxins

★ All Salus On Sale **14.44**



PHILLIP ADAM

Lavender Lotion 400 mL

SAVE 10%

★ Scented with pure essential oils, natural botanicals deeply nourish skin, lightweight and fast-absorbing, calms your senses and conditions your skin ★ Paraben/petroleum free



HIMALAYA ORGANIC

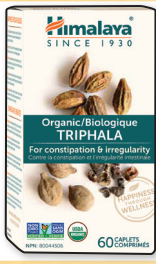
Triphala 60 Caps

25.49

SAVE 15%

★ Tones the intestines for gentle regularity, provides an easy colon cleanse and detox

★ All Himalaya On Sale



SURO ORGANIC

Elderberry Syrup for Kids 236 mL

19.19

SAVE 15%

★ Blend of premium ingredients including Canadian-grown elderberries and elderflower extract, provides fast relief from symptoms of cold, flu, sore throat and cough

★ All Suro On Sale



Join us for Wellness Wednesday April 29th

ORGANIC PRODUCE

ORGANIC Cantaloupe Melons MEX



6.99

EACH SAVE \$1.00

ORGANIC MEX Mini Seedless Watermelons



4.99 ea

SAVE \$1.00

ORGANIC MEX Valencia Oranges



1.99 lb

\$4.38 kg GREAT BUY!!

GROCERY

NORA Crispy Original Seaweed Snacks 32 g

3.99

SAVE UP TO 27%

★ ON 4 FLAVOURS!



GT'S LIVING FOODS

Alive Root Beer Tonic 480 mL

4.99

★ ENERGIZING PU-ERH TEA WITH A TRIO OF ADAPTOGENIC MUSHROOMS

SAVE UP TO 21%

★ ON ALIVE TONICS & SELECT KOMBUCHAS!



HORNBY ORGANIC

Chocolate Espresso O Snack Energy Bar 45 g

1.79

SAVE 22%

★ 4 FLAVOURS!



ENDANGERED SPECIES Fair Trade Extreme Dark Chocolate 85 g

6.99

SAVE 22%

★ 6 FLAVOURS!

FT NON-GMO GF U



EARTH'S OWN Gluten-Free Barista Oat Beverage 946 mL

5.79

SAVE UP TO 19%

★ ON PLANT-BASED MILKS!



MILLSIE Plant-Based Applewood Smoked Cashew Cheese 200 g

ONLY 8.99 EACH!

★ 4 FLAVOURS OF NUT-BASED CHEESE



NAKED & SAUCY Teriyaki Sesame Ginger Sauce & Dressing 296 mL

6.69

SAVE UP TO 30%

★ ON DRESSINGS & SAUCES!



NOOCHPOP! Kinda Cheesy Popcorn 120 g

4.79

SAVE 20%

★ 6 FLAVOURS!



ECO MAX Automatic Dishwasher Pacs 20 Pacs

9.99

SAVE UP TO 30%

★ ON DISH & ALL-PURPOSE CLEANERS & DISINFECTANTS!



★ Please check all ingredients to ensure products are right for you



SALES ON FROM

APRIL 29TH TO MAY 5TH



EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116