

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here for You!

HEALTH

PRAIRIE NATURALS

Ginkgo Biloba

★ Formulated to support memory, cognitive function, focus & healthy circulation, combined with phosphatidylserine to maximize absorption, helps ensure proper levels of neurotransmitters ★ Women led

SAVE 15%

360 vCaps



VITALITY

Power Iron + Spirulina

★ Supports healthy red blood cell production, energy, oxygen transport and overall vitality, enhances energy & mood, boosts brain function and focus

SAVE 10%

71.99

90 Caps



★ All Vitality On Sale

ST. FRANCIS HERB FARM

ORGANIC

Deep Immune

★ Adaptogenic herbal formula designed to support immune balance, resilience and overall immune health

SAVE 20%

35.99

90 vCaps

★ All STF Stress, Sleep, and Immune On Sale



JOIN US NEXT WED. AUG. 26 TH FOR Wellness Wednesday
SAVE 15% ON PERSONAL CARE & VITAMINS

LAST WED. OF EVERY MONTH!

NEW ROOTS HERBAL

Heme Iron Porcine

★ Iron supplement supporting healthy iron levels with highly bioavailable iron sourced from pork hemoglobin, gentle on the stomach

SAVE 15%

30 Caps

★ All New Roots Herbal On Sale



NAKA PLATINUM

Pro Biotin Max Potency 10,000 mcg

★ Dietary supplement supporting healthy skin, hair and nails, breaks down fats, carbs & proteins into usable fuel

SAVE 15%

14.44

90 Caps



NATURAL FACTORS

Vitamin K+D

★ Supports healthy bones, calcium absorption, and cardiovascular health, supports healthy immune function

SAVE 10%

24.29

180 sGels



ORGANIC BC PRODUCE

ORGANIC Nectarines



4.99 lb

\$10.98 kg
SAVE \$2.00/lb

ORGANIC Zucchini



2.99 lb

\$6.58 kg
SAVE \$1.00/lb

ORGANIC BC Jalapeño and Cherry Bomb Hot Peppers



5.99 lb

\$13.18 kg
SAVE \$1.00/lb

GROCERY

EVERLAND ORGANIC Sunflower Seeds

454 g 5.49

SAVE UP TO 33%

★ ON PUMPKIN, SESAME, FLAX, BLACK CHIA SEEDS, & POPCORN!



AMY'S ORGANIC

Refried Beans

★ 3 TYPES!

398 mL 5.49

★ REFRIED BEANS, BAKED BEANS, CHILIS, BURRITOS, & MORE ON SALE!

SAVE UP TO 21%



L'ANCÊTRE ORGANIC

Parmesan

200 g 9.49

★ 9 CHEESES ON SALE!

SAVE UP TO 24%



HUMBLE ORGANIC

The Original Potato Chips

135 g ONLY 4.49!

★ 6 DELICIOUS FLAVOURS!



RIZOPIA ORGANIC Gluten-Free

Brown Rice Fusilli Pasta

ALL ONLY 3.49!

★ 5 TYPES!

MID-DAY SQUARES

Chocolate Peanut Butter Bar

33 g

ALL ONLY 2.49!

★ 5 TYPES!



WHISTLER WATER

Glacial Spring Water

★ 1L AND 4L ON SALE TOO!

1.5 Litre ONLY 2.49

SAVE UP TO 21%

PRANA ORGANIC

Kilimanjaro Chocolate Mix

5.49

130 g

SAVE UP TO 21%

★ 25 PRODUCTS ON SALE!



RISE ORGANIC

Fresh Ginger Kombucha

8.49

1 Litre

★ ALL 1 LITRES ON SALE!

SAVE \$2 EACH



★ Please check all ingredients to ensure products are right for you



SALES ON FROM

AUG. 19 TH TO AUG. 25 TH