

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

CAPRI CARE Infant Goat Milk

★ Stage One & Two infant formula easy to digest, naturally gentle on little tummies, safe and nutritionally complete, uniquely farmer-owned by New Zealand Dairy Goat Co-operative ★ Glucose free



53.99
800 g
SAVE 10%

NON GMO SF CF

PRAIRIE DOCTOR BRAND

Wild Yam ★ All Remaining Stock On Sale!

★ Helps ease menstrual cramps, soothe digestive upset, and relieve menopausal discomfort

SAVE 15%

★ While Supplies Last



Good Bye Sulfites

★ Natural solution to wine allergies and headaches using organic pineapple enzymes to neutralize sulfites, tannins and histamines with a couple of drops!



SAVE 10%

15 mL 17.99

U

NATURE'S WAY Goldenseal

★ Organically farmed goldenseal contains high concentration of berberine, a natural antibiotic, alleviate infections and inflammatory conditions of the digestive tract ★ Gelatin free



SAVE 15%

46.74
100 Caps

B
NON GMO
UG

CANPREV Magnesium D3 + K2

★ Extra gentle magnesium complex is enhanced with Vit D3 & K2 to help absorb calcium, build strong, resilient bones, heart-friendly formula

SAVE 15%

90 vCaps



GF
DF
SF
U

AQUAOMEGA Kids High EPA Omega-3

★ High EPA omega-3 fish oil supporting brain and eye health, helps improve focus, reduce inattention, hyperactivity and restlessness

SAVE 15%

36.54

60 Gummies



SF

ORGANIC BC PRODUCE

ORGANIC Sunrise Apples BC



1.99 lb
\$4.38 kg
GREAT BUY!!

ORGANIC BC Carrots LONGVIEW FARM



4.99 ea
2 LB BAGS
SAVE \$1.00

ORGANIC Celery BC



1.99 lb
\$4.38 kg
SAVE \$1.00/lb

GROCERY

MABEL BREWING Handcrafted

Blackberry Ginger Beer

★ LOWER SUGAR, GREAT TASTE!
★ 4 FLAVOURS!

2.99

355 mL

SAVE 33%



NATURE'S PATH ORGANIC Gluten-Free

Whole O's

750 g
SAVE UP TO 21%

★ ON SELECT GRANOLAS, CEREALS, & WAFFLES!

NON GMO



COOLER CO. Cherry Cream Soda Kombucha

★ 6 FLAVOURS OF KOMBUCHA!

355 mL

ALL ONLY 3.69!



Find these in the cooler next to the till

LAID BACK SNACKS

Wholesome Yogi Nut Mix

★ 3 TYPES!
★ 2 SIZES!

45 g

2.69

SAVE UP TO 19%

B



JUSTIN'S ORGANIC

Dark Chocolate Peanut Butter Cups

40 g

2.99

SAVE 19%

★ ON NUT BUTTER CUPS!

NON GMO



RICEWORKS Gourmet

Sea Salt, Brown and Golden Flax Rice Chips

★ 7 DELICIOUS FLAVOURS!

SAVE 21%

NON GMO GF



BIOITALIA ORGANIC Duram Wheat Semolina Spaghetti

500 g

SAVE UP TO 20%

★ ON PASTA INGREDIENTS!

BIG MOUNTAIN Soy-Free Extra Firm Tofu

340 g

SAVE 18%

★ ON 4 FLAVOURS OF SOY-FREE TOFU!

GF SF NF U K



ZEVIA Zero Sugar Ginger Ale

★ 12 FLAVOURS!

SAVE 21%

B NON GMO GF SF U



7.49 6 x 355 mL

★ Please check all ingredients to ensure products are right for you

B CORP

ORGANIC

NON GMO

GF

DAIRY-FREE

SUGAR-FREE

SOY-FREE

NUT-FREE

CORN-FREE

VEGAN

VEGETARIAN

KETO

CANADIAN

BC MADE

SALES ON FROM

AUG. 26 TH
TO SEPT. 1 ST

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116