

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

NAKA PLATINUM Bromelain

★ Delayed release digestive enzyme derived from pineapple, supports digestion, reduces inflammation and aids recovery

SAVE 15%
14.44
75 vCaps
BONUS SIZE



NON
GMO
GF
UG
CAN

PRAIRIE NATURALS Vitamin D3 2500iu

★ Supports bone, teeth and immune health with highly absorbable cholecalciferol, helps prevent Vit D deficiency, regulates inflammation and aids in muscle strength ★ Woman led
★ All Prairie Naturals Vit D3 On Sale

SAVE 15%
25.49
550 sGel



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ST. FRANCIS HERB FARM

Deep Immune Kids

100 mL PLUS FREE
15 mL Vitamin D3

★ Kid safe herbs formulated to support kids' immune health & resilience, counter fatigue, daily support for infection, cold and flu resistance

SAVE 15%

★ All St. Francis Sleep, Stress, and Immune Products On Sale!



NON
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UG
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NEW ROOTS HERBAL EyeSurance

★ Naturally sourced lutein & zeaxanthin for healthy eyesight and to help prevent macular degeneration and cataracts, antioxidants & nutrients to support vision & retinal function
★ All New Roots Herbal On Sale

SAVE 15%



GF
DF
SF
CAN

PURICA Hyaluronic Acid+

★ Red orange complex and hyaluronic acid protects skin from UV damage, reduces sensitivity, antioxidant and hydration support for cellular health & beautiful skin

SAVE 15%
36.95



NON
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ORGANIKA Kids Multi Gummies

★ Packed with essential vitamins and minerals to support bone growth, immune defense, energy metabolism and vision, helps with collagen production and red blood cell formation
★ No artificial sweeteners, colours, flavours

SAVE 15%
27.19
90 Gummies



NON
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LOCAL & ORGANIC PRODUCE

LOCAL! Blueberries



7.49
1lb Clamshell
SAVE \$2.00

ORGANIC Bunched Carrots



4.49
A Bunch
SAVE \$1.00

ORGANIC BC Green/Red Cabbages



2.49 lb
\$5.48 kg
GREAT BUY!!

GROCERY

HARDBITE Black Sea Salt Potato Chips

Cooked in Avocado Oil
SAVE UP TO 22%
★ ON 15 FLAVOURS!

3.49
128 g



TOFINO KOMBUCHA ORGANIC Orchard Plum Kombucha

SAVE 20%
2.79
355 mL



GOMACRO ORGANIC Dark Chocolate +Almonds Protein Bar

★ 7 FLAVOURS!



ONLY 3.49
SAVE 33%

NON
GMO
GF
SF
UG

RABBIT RIVER FARMS ORGANIC Free Range Lg Eggs

★ CAGE-FREE EGG WHITES ALSO ON SALE!

12 Eggs **9.99**



SAVE UP TO 21%

BUBBIES Fermented Kosher Dill Pickles

SAVE 25%
★ ON PICKLES, HORSE RADISH, & SAUERKRAUT!



MANNA ORGANICS ORGANIC Fruit & Nut Manna Bread

400 g **ONLY 4.99**
★ 4 MANNA BREADS ON SALE!



Find these Manna Breads in the freezer

THE GINGER PEOPLE Sweet Ginger Chili Sauce

★ SPICY GINGER TERIYAKI SAUCE ALSO ON SALE!
SAVE \$3 EACH

375 mL **9.99**



NON
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GREEN CUISINE Simply Soybean Tempeh

★ 9 TEMPEH PRODUCTS ON SALE!
ALL ONLY 4.99!



MILLSIE Plant-Based Applewood Smoked Cashew Cheese

8.99
200 g
SAVE UP TO 20%
★ ON 4 CASHEW CHEESES AND 5 NEW CASHEW DRESSINGS!



NON
GMO
GF
SF
UG
CAN

★ Please check all ingredients to ensure products are right for you



SALES ON
FROM

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116

AUG. 5TH
TO AUG. 11TH