

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

SUKU VITAMINS

Active B-Complex 22.94
★ Carefully balanced formula of all 8 forms of Vitamin B, supporting energy, stress response, metabolism and overall health
★ All Suku On Sale

60 Gummies
SAVE 15%



CF GF SF SF U

NATURAL FACTORS

Magnesium Bisglycinate SAVE 15%
250 vCaps
★ Helps maintain proper muscle function including the heart muscle, supports tissue formation, development & maintenance of bones and teeth, easy on the stomach



NON GMO B GF DF SF

PRAIRIE NATURALS

NMN RX 200mg 34.19
★ Supports NAD+ production to boost cellular energy, maintain brain function, mental clarity and cognitive aging
★ Female founded

30 vCaps
SAVE 10%



NON GMO GF SF U

VEGIDAY ORGANIC All In One Shake

★ Whole-food convenient and delicious boost of nutrition, including superfoods and greens, antioxidants, fibre, vitamins and minerals, plant based formula

58.49
800 g
SAVE 10%



NON GMO SF GF U DF

NEW ROOTS HERBAL PEA Comprehensive Pain Relief

★ For numerous kinds of chronic pain, delivers 600mg of anti-inflammatory action, micro-nized to enhance absorption

45.99
60 Caps
SAVE 8%



GF DF SF CF SF

Lavender Latte

★ Organic latte blending calming lavender & tart cherry with adaptogens and probiotics to unwind, de-stress & sleep well
★ Female led

21.59
150 g
SAVE 10%



★ All Organic Traditions On Sale



ORGANIC PRODUCE

ORGANIC US Navel Oranges

2.49 lb
\$5.48 kg
SAVE \$1.00/lb



ORGANIC BC Red or Yellow Potatoes

6.99 ea
5 LB BAG
SAVE \$1.00



ORGANIC US Cauliflower

3.99 EACH
SAVE \$1.50



GROCERY

ACROPOLIS ORGANICS BIOHARVESTED

Extra Virgin Olive Oil 48.99
1 Litre
★ INCREDIBLE DEALS ON SELECT OLIVE OILS & ORGANIC VINEGARS!

SAVE UP TO \$28 EACH



NON GMO K P

JOVIAL ORGANIC Gluten-Free Egg Tagliatelle Brown Rice Pasta

255 g 7.99
★ ON GRAIN-FREE PASTA & MORE!

SAVE UP TO 29%



NON GMO K

BLISS BALLS 150 g

Chocolate Coconut Cream Energy Balls STARTING AT 6.69
★ 6 YUMMY FLAVOURS!
SAVE UP TO 26%



NON GMO U

QUE PASA ORGANIC Tortilla Chips

350 g 4.49
★ ON SELECT TORTILLA CHIPS AND SALSAS!

SAVE 15% OR MORE



NON GMO GF U

L'ANCÊTRE Ripened Firm Goat Cheese

190 g 9.99
★ CHOOSE FROM SWISS, GOAT, GOUDA, AND MOZZARELLA!

SAVE UP TO 23%



GF

GENIUNE TEA CO. Cream of Earl Grey Tea

45 g 6.69
★ 4 DELICIOUS FLAVOURS OF TEA!
SAVE 26%



NON GMO

RISE ORGANIC Fresh Ginger Kombucha

1 Litre 8.99
★ ALL 1 LITRES ON SALE!
SAVE \$2 EACH



NON GMO

SIMPLY CLEAN Stain Remover Bar

225 g 1.99
★ ON SIMPLY CLEAN & ECO PIONEER CLEANING PRODUCTS!

SAVE UP TO 33%



NON GMO

BLUEBIRD PROVISIONS ORGANIC Chicken Bone Broth

420 mL 9.99
★ ON BONE BROTHS & PROTEIN POWDER!

SAVE UP TO \$8 EACH



NON GMO K

Happy Valentine's Day!

★ Please check all ingredients to ensure products are right for you



SALES ON
FROM

FEB. 11TH
TO FEB. 17TH



EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116