

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here for You!

PURICA POWER

Cordyceps

Award winning, increase ATP production and mitochondrial function, reduce oxidative stress, increase energy & oxygen capacity, enhance libido - precision mushroom technology delivering unmatched therapeutic power

SAVE 15%

35.00

60 vCaps



★ All Purica On Sale

HEALTH

NAKA PLATINUM

Magnesium Bisglycinate 200 mg

Highly absorbable, supports muscle function, relaxation, bone health and overall wellness

SAVE 10%

37.79

300 vCaps BONUS SIZE!



PRAIRIE NATURALS

ORGANIC Spirulina 500mg

Nutrient-dense algae provides protein, antioxidant, vitamins and minerals to support energy and overall wellness ★ Women-led

37.79

360 Tabs

SAVE 10%

★ All PN Superfoods On Sale



INNOTECH

Collagen Peptides

100% pure hydrolyzed from grass fed cattle, works to replenish essential proteins, supports skin, hair, nails, joint and muscle recovery

SAVE 10%

22.49

230 g

★ All Innotech On Sale



LIVING ALCHEMY

Men's Daily+

Fermented whole food multi supporting energy, immunity, stress resilience and overall daily nutritional health, easily digestible

SAVE 15%

42.49

60 vCaps

★ Synergy Series and Your Flora On Sale



ORGANIKA

Electrolytes + Enhanced Collagen

Electrolyte and collagen blend supporting rapid hydration, skin elasticity, joint health & recovery with added essential minerals

SAVE 15%

★ Both Flavours On Sale



LOCAL & ORGANIC PRODUCE

LOCAL! Mixed

Salad Greens



5.49

180 g SAVE \$1.00

CLEVER CROW FARM

LOCAL! ORGANIC

3 TYPES OF KALE



3.99

A BUNCH SAVE \$1.00

PATTISON FARMS

LOCAL! ORGANIC

Chard



4.49

A BUNCH GREAT BUY!

PATTISON FARMS

GROCERY

JUST JUICE ORGANIC

Concord Grape Juice

9.49

946 mL

★ 10 OPTIONS!

SAVE UP TO 29%



VG GOURMET

Lentil & Walnut Burgers

8.99

400 g

★ 5 TYPES OF VEGGIE BURGERS, & MORE!

SAVE \$2 EACH



★ 4 PATTIES!

PHILLIP'S Non-Alcoholic

Hazy IPA Craft Beer

2.49

355 mL

SAVE 17% OR MORE

★ ON 5 FLAVOURS OF NON-ALCOHOLIC BEERS!



TOFINO ORGANIC

Kombuchas

★ 7 FLAVOURS!

355 mL

2.99

SAVE UP TO 29%



KARTHEIN'S

ORGANIC Simple Sauerkraut

750 mL

11.99

SAVE UP TO 26%

★ ON SAUERKRAUT & KIMCHI!



NOOCHPOP!

Kinda Cheesy Popcorn

★ SEED-OIL FREE!

120 g

4.79

SAVE 20% ★ ON 6 FLAVOURS!



L'ANCÊTRE ORGANIC

Lactose-Free Medium Cheddar

8.99

200 g

SAVE UP TO 30%

★ 10+ CHEESES & SELECT BUTTERS ON SALE!

YESHI Nutritional Yeast

Sesame Ginger Dressing & Dip

ALL ONLY 8.99!

★ 5 DELICIOUS FLAVOURS!



GATHERING PLACE ORGANIC

Ethically Sourced Oregano

4.99

10 g

SAVE UP TO 23%

★ ON SELECT PRODUCTS!



★ Please check all ingredients to ensure products are right for you



SALES ON FROM