

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

CANPREV
Prostate-Pro
+ Maca Support
100 vCaps
SAVE \$4.00

★ Helps relieve urologic symptoms associated with early stages of benign prostatic hyperplasia, including difficulty urinating, weak flow, incomplete voiding and frequent urination



REGENERLIFE
Sleep Better
60 Tabs
SAVE \$2.00

★ 10 mg of melatonin with 5-HTP, L-Theanine & a botanical sleep blend, time released to promote a longer, better quality of sleep, resets a normal sleep-wake cycle, reduces time it takes to fall asleep, non-habit forming



LILY OF THE DESERT
ORGANIC

Aloe Vera Gelly

★ 99% aloe vera gelly to replenish, moisturize and hydrate skin, uniquely formulated to instantly cool the skin while hydrating at least 3 epidermal layers, cools skin after prolonged sun exposure

13.99
454 g
SAVE \$3.00



★ 114 g Also On Sale



PURICA
Pet Recovery
Chews Extra Strength
120 Chews
SAVE \$8.00

★ Complete spectrum of natural ingredients supporting your fur baby's mobility needs, from active life to senior comfort, enhances joint health, promotes recovery and overall mobility

★ All Purica Pet Products On Sale



NOW
Quercetin
with Bromelain
120 vCaps
SAVE \$5.00

★ Naturally occurring bioflavonoid, anti-oxidant & anti-inflammatory that blocks histamines, enhanced with bromelain for improved absorption



ORGANIKA
Electrolytes

★ Go-to daily hydration blend for an instant dose of thirst-quenching nutrients, 0g sugar, prebiotic fibre, 60 servings



39.99
210 g
SAVE \$4.00

★ All Organika Electrolytes On Sale



ORGANIC PRODUCE

ORGANIC
Cherries
BC



8.49 lb

\$18.68 kg

HOT PRICE!!

ORGANIC
Lemons
CA



3.99 lb

\$8.78 kg

SAVE \$1.00/lb

ORGANIC BC
Green Cabbage



2.49 lb

\$5.48/kg

GREAT BUY!!

GROCERY

Your One-Stop-Shop for Convenient & Better-for-You Products!



AËLO Alcohol-Free
Aperitivo Spritz

★ CELEBRATE SUMMER IN STYLE!
4 x 355 mL
★ 4 PREMIUM COCKTAILS ON SALE!

14.49
SAVE 15% GF AF

KINDRED CULTURES
Cranberry Turmeric
Water Kefir

★ REFRESHING, CAFFEINE-FREE PROBIOTIC SUPPORT!
★ 4 FLAVOURS!

2.99
355 mL
SAVE 33%



NOOCHPOP!
Savoury Popcorn

120 g
4.49

SAVE 25%

★ 6 DELICIOUS FLAVOURS!



EVE'S Gluten-Free
Savoury Sunflower Crackers

6.69

108 g

SAVE OVER 25%

★ ON ALL 4 FLAVOURS!



ANTOINETTE'S
Saltspring Dip & Sauce

5.99

375 mL

★ TAPENADE & SALSAS ALSO ON SALE!

SAVE UP TO 33%



JUST JUICE ORGANIC
100% Pure Concord Grape Juice

8.99

946 mL

★ 10 TOP QUALITY JUICES ON SALE!

SAVE UP TO 36%



YESHI Nutritional Yeast
Salad Dressings

6.69

350 mL

SAVE UP TO 33%

★ ON 5 DELICIOUS DRESSINGS AND A SALAD TOPPER!

TAJ MAHAL
Channa Masala

3.49

285 g

★ ALL 8 HEAT-AND-SERVE MEAL KITS ON SALE!

SAVE 22%



JUSTIN'S ORGANIC
Dark Chocolate Peanut Butter Cups

2.69

40 g

SAVE UP TO 27%

★ ON DARK PEANUT BUTTER CUPS, CASHEW CUPS, AND MINI CUPS!



★ Please check all ingredients to ensure products are right for you



SALES ON FROM

JULY 2ND TO JULY 8TH



EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116