

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here for You!

SANTEVIA **SAVE \$30**

Glass Water System **289.99**

★ Purify and naturally mineralize your water in a glass and bamboo system, removes 90+ contaminants including chlorine, fluoride and lead, designed to be seen and outperform

★ **All Santevia On Sale**



JOIN US NEXT WEDNESDAY JUNE 24 TH
Wellness Wednesday
SAVE 15% ON PERSONAL CARE & VITAMINS

LAST WED. OF EVERY MONTH!

HEALTH

PRAIRIE NATURALS
ORGANIC Chlorella

★ Nutrient-dense green algae supports detoxification, energy & cellular health, helps metabolize fats & proteins, maintain eyesight, skin and immune function. Women owned

SAVE 10%

500 mg 180 Tabs



ORGANIKA
Lemon Ice Tea Electrolytes

210 g

SAVE 15%

★ Deeply thirst-quenching for optimal hydration, supports muscle and nerve function, prebiotic fibre nourishes gut bacteria. No artificial colours/flavours



★ **All Organika Electrolytes On Sale**

AQUAOMEGA
High DHA Kids Gummies

SAVE 15%

36.54

60 Gummies

★ Algae-based omega-3 supports cognitive and eye health, overall development health, sugar and gelatin free



LIVING ALCHEMY
ORGANIC Reishi

42.49

60 vCaps

★ Fermented reishi supplement supporting immune balance, stress, resilience and overall vitality, healthy aging



★ **Myco-Synergy and Alive Series On Sale**

SAVE 15%

PREFERRED NUTRITION
Omega-3 Plant Sterols with CoQ10

SAVE 10%+

120 Softgels

★ Combined omega-3, plant sterols and CoQ10 supporting heart health, cholesterol balance, cognitive health and brain function



ORGANIC PRODUCE

ORGANIC BC
Yellow, Orange, Red Peppers



7.99 lb
\$17.58 kg
SAVE \$2.00/lb

ORGANIC BC
Portabella Mushrooms



7.99 lb
\$17.58 kg
SAVE \$2.00/lb

ORGANIC BC
Heirloom Tomatoes



7.99 lb
\$17.58 kg
SAVE \$2.00/lb

GROCERY

ANTOINETTE'S
Saltspring Dip & Sauce

6.29

375 mL

HOT PRICE!!

SAVE 30%



NAKED & SAUCY ORGANIC
Soy Sauce Substitute

9.99

473 mL

SAVE UP TO 30%

★ CONVENIENT & CRAVEABLE SAUCES AND DRESSINGS!



LAI D BACK SNACKS

Honey Habanero Nut Mix

2.29

45 g

SAVE UP TO 31%



WILDBRINE
Korean Style Kimchi

11.99

500 mL

SAVE UP TO 18%

★ ON KIMCHIS AND SAUERKRAUTS!



BIG MOUNTAIN
Soy-Free Fava Tofu

4.49

340 g

SAVE 18%

★ ON 3 FLAVOURS OF SOY-FREE TOFU!



PHILLIPS SODA WORKS ★ 4 FLAVOURS!

Intergalactic Root Beer

SAVE UP TO 22%

4 x 355 mL **6.99**



NIKKEI RAMEN-YA
Sapporo Style Ramen Noodles

9.99

3 PACK

SAVE UP TO 22%

★ ON RAMEN NOODLES, BROTH, & SEASONINGS!



EDWARD & SONS **Gluten-Free**

100 g 4.79

Black Sesame Brown Rice Snaps

SAVE UP TO 27%

★ ON RICE SNAPS! ★ BOUILLON CUBES ALSO ON SALE!



GUAYAKÍ ORGANIC
Enlighten Mint Yerba Mate

★ 7 FLAVOURS! **458 mL**

ALL ONLY 3.99!



★ Please check all ingredients to ensure products are right for you



SALES ON FROM



EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116

JUNE 17 TH TO JUNE 23 RD