

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

CANPREV Healthy Heart

44.99

120 vCaps
SAVE \$5.00

★ Comprehensive nutritional formula designed to address cardiovascular issues such as elevated blood lipid levels, includes CoQ10 and magnesium for optimal heart muscle function



PURICA Effervescent Magnesium Bisglycinate

22.99

150 g
SAVE \$3.00

★ A delicious drink designed to combat mag deficiency, balance the body's calcium levels, supports muscle function, bone development, metabolism of carbs, fats & proteins



★ All Purica Magnesium On Sale

LIVING ALCHEMY ORGANIC

Stress Less

47.99

SAVE \$4.00

60 vCaps

★ Daily adrenal and cortisol support to reduce high stress levels,

relieve restlessness and nervousness & promote mood balancing, kefir-kombucha fermentation

★ Isolate free, no fillers



BOTANICA ORGANIC Perfect Protein

41.99

390 g
SAVE \$3.00

★ Packed with naturally occurring vitamins, minerals, antioxidants, healthy fats and fibre, made with whole food

★ No stevia



KOOPE Moisturizer

33.99

50 mL
SAVE \$5.00

★ Sheer long-lasting hydration, protects the skin barrier, reduces shine and sensitivity, ph neutral

★ Free of fragrance, sulphate, parabens, sls, and phthalates

★ Mission driven



BLUME ORGANIC SuperBelly

31.99

15 Pack
SAVE \$3.00

★ Delicious juicy re-fresher that hydrates with superfoods like inulin fiber, trace minerals, fermented apple cider vinegar and probiotics that contribute to a healthy gut flora

★ 4 delicious flavours



Join us for Wellness Wednesday June 25th

LOCAL & ORGANIC PRODUCE

LOCAL! ORGANIC Sprouts

from Eatmore Sprouts



SAVE 20%
ALL SIZES!

LOCAL! Mixed Salad Greens



5.49
180 g
SAVE \$1.00

LOCAL! ORGANIC Green Onions



GREAT BUY!!
2.49 ea
from Pattison Farms

GROCERY

Happy Canada Day!

ANITA'S ORGANIC Unbleached White Flour

24.99

5 kg

★ MADE IN CANADA WITH CANADIAN GRAINS!

LINE DRIVE!

★ EVERYTHING ON SALE!

SAVE UP TO 26%



RISE ORGANIC Lemon & Lime Kombucha

8.99

1 Litre

★ 8 FLAVOURS OF KOMBUCHA, INCLUDING LOW-SUGAR OPTIONS!

SAVE 18%



TRIPLE SMOKE Sweet Smokey Heat Maui Seasoning

125 g

8.49

SAVE 22%

★ ON LOCALLY-MADE SEASONINGS! PERFECT FOR THE BBQ!



L'ANCÊTRE ORGANIC Gouda Cheese

7.99

170 g

Ripened 6 Months

SAVE UP TO 20%

★ ON SELECT MOZZARELLA, GOUDA, AND SHEEP FETA!



HOLY NAPOLI Authentic Neapolitan Frozen Pizzas

★ MADE IN CANADA!

ONLY 8.99

SAVE 25%

355-385 g



MATEÍNA ORGANIC Peach Passion Yerba Mate

★ 3 FLAVOURS ON SALE!

355 mL

3.49

SAVE 17%



NAKED & SAUCY Peanut Sauce & Dressing

7.99

296 mL

★ A WIDE SELECTION OF DELICIOUS CANADIAN DRESSINGS & SAUCES!

SAVE UP TO 30%



HORNBY ORGANICS ORGANIC O Snack Bars

ONLY 1.79



45 g

ALL ON SALE!



PHILLIPS SODA WORKS Intergalactic Root Beer

1.69

355 mL

★ LOCAL CRAFT ROOT BEER, COLA, GINGER ALE, & ORANGE CREAM!

SAVE UP TO 21%



★ Please check all ingredients to ensure products are right for you



ORGANIC



NON-GMO



B CORP



GLUTEN-FREE



DAIRY-FREE



SUGAR-FREE



SOY-FREE



VEGAN



KOSHER



CANADIAN



BC MADE



ISLAND MADE

SALES ON FROM

JUNE 25TH
TO JULY 1ST



EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116