

# EDIBLE ISLAND

## WHOLE FOODS MARKET

We're Here for You!

### HEALTH

#### PRAIRIE NATURALS Enzyme Force

★ Full-spectrum digestive enzyme blend for optimal digestion of proteins, carbs, fats and fibre, supports and maintains a healthy digestive system ★ Woman owned/led  
★ All PN Enzyme Health On Sale

SAVE 10%  
120 vCaps



#### NORTH COAST NATURALS Boosted Bovine Collagen

★ With added vitamins, amino acids and biotin to boost joint, hair, nail and skin collagen formation, hydrolyzed to improve absorption

SAVE 15%  
22.94



### ORGANIKA

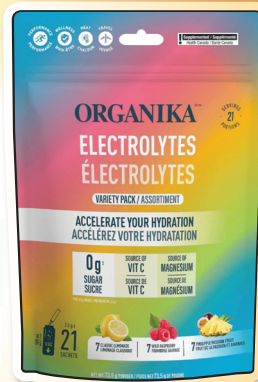
#### Electrolytes

★ Deeply thirst quenching, supports muscle & nerve function, nourishes gut bacteria and supports digestive health, 3 flavours in 1 pack!  
★ Free of caffeine/artificial colours/flavours

SAVE 15%

Variety 21 Pack

★ All Pouches and Boxes On Sale



#### ST. FRANCIS HERB FARM ORGANIC

#### Congestion Aid

★ Helps relieve symptoms associated with upper respiratory tract conditions, eases nasal congestion, antioxidant-rich

SAVE 15%  
60 Soft Gels



#### GOOD PROTEIN

#### All in One Shake

★ Plant based protein balanced with fibre, vitamins & minerals, probiotics and superfoods, tastes like a creamy, silky-smooth milkshake

33.14

440 g

SAVE 15%



#### CANPREV Meno Chill

★ Therapeutic blend to help navigate fluctuating estrogen levels, fast-acting acute relief for menopause symptoms, supports healthy mood balance

SAVE 10%  
60 vCaps



### ORGANIC & WILD PRODUCE

#### ORGANIC Red Grapes US



7.99/lb  
\$17.58 kg  
SAVE \$2.00/lb

#### ORGANIC Lemons US



3.99/lb  
\$8.78 kg  
SAVE \$1.00/lb

#### WILD Fiddleheads BC



9.49 ea  
170 grams  
SAVE \$1.50

### GROCERY

#### BOB'S RED MILL ORGANIC Flaxseed Meal

453 g 7.99  
SAVE UP TO 29%



★ ON FLAX SEEDS, CHIA, & MORE!

#### CANADIAN HERITAGE ORGANICS Top Selling ORGANIC Maple Syrups

★ 4 TYPES 500 mL 16.99  
SAVE UP TO \$7 EACH



#### HOME GROWN LIVING FOODS ORGANIC Sprouted Walnuts

100 g 8.99  
SAVE UP TO 23%



★ ON SPROUTED NUTS!

#### ENJOY LIFE 100% Real Chocolate Dark Morsels

★ 5 TYPES OF CHOCOLATE CHIPS, CHUNKS, & MORSELS!



ALL ONLY 11.99



#### EARTH BALANCE Natural Buttery Spread

1.3 kg 17.99  
SAVE UP TO 22%



★ ON VEGAN SPREADS!

#### KINDRED CULTURES Cranberry Turmeric Water Kefir

★ 5 FLAVOURS! A CAFFEINE-FREE PROBIOTIC BOOST!  
ALL ONLY 3.69!



355 mL



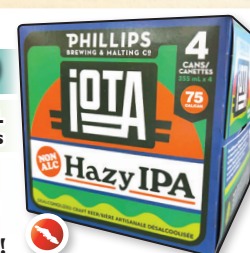
EARTH'S OWN Gluten-Free Naked Oat Original Beverage  
1.75 L 5.99  
SAVE UP TO 26%

★ ON DAIRY-FREE MILK ALTERNATIVES!



#### PHILLIPS IOTA Non-Alcoholic Hazy IPA Craft Beer

355 mL x 4 Cans 7.99  
SAVE 27%



★ ON NON-ALCOHOLIC BEERS!

#### INDIAN LIFE ORGANIC Sprouted Spelt Wraps

500 g 9.99  
SAVE UP TO 27%



★ ON SNACKS & WRAPS!



SALES ON FROM

MAY 13 TH TO MAY 19 TH