

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here for You!

WHOLE EARTH & SEA
ORGANIC

Proteins & Greens
Chocolate

★ Plant-based, fermented protein powder with superfood greens, organic whole foods & mushrooms for nutrition, digestion and overall wellness

★ Colour, sweetener, preservative free



740 g **SAVE \$17**

HEALTH

NAKA PLATINUM

ORGANIC Beetroot

★ 100% pure, supports cardio health, natural energy and improved stamina, aids blood flow & reduces inflammation, nutrient-dense

SAVE 15%

14.44

★ Powder Also On Sale 75 vCaps



PURICA

PrimaVie Shilajit

★ Premium Himalayan adaptogen meticulously purified to enhance mitochondrial energy production, improves strength, supports testosterone synthesis and stimulates natural collagen production

SAVE 10%

60 vCaps

★ Purica Proteins Also On Sale



CANPREV
Magnesium Bisglycinate 200 Gentle

★ Gentle, highly absorbable, supports muscle relaxation, sleep and stress relief

SAVE OVER 15%

120 vCaps



NOW

Menopause Support

★ Relieve hot flashes, night sweats, fatigue, vaginal dryness with key hormone normalizing ingredients

SAVE 15%

31.44

90 vCaps

★ NOW Women's Line On Sale



NUUD

ORGANIC Anti-Odorant

★ 100% natural, super effective formula using microsilver and zinc oxide to target smelly bacteria leaving good bacteria, works with your body's natural microbiome

★ Aluminum/paraben free

SAVE 15%

20.39

★ All NUUD On Sale 45 g



ORGANIC PRODUCE

ORGANIC BC
Vine Tomatoes



5.49 lb

\$12.08 kg
SAVE \$1.00/lb

ORGANIC BC
Dandelion Greens



3.99

A BUNCH
SAVE \$1.00

ORGANIC US
Green/Red Cabbages



2.49 lb

\$5.48 kg
SAVE \$1.00/lb

GROCERY

Spring Into Good Health!

SWEET MONK

Your Favourite Sugar-Free

Liquid Monk Fruit Sweeteners

★ ORIGINAL OR VANILLA 50 mL

SAVE \$5 EACH



ALTER ECO

ORGANIC Fair Trade Mint Blackout Dark Chocolate Bar

ALL ONLY 4.69!

SAVE 28% ★ ON 14 FLAVOURS!



KARTHEIN'S ORGANIC

Simple Sauerkraut

750 mL 11.99

SAVE UP TO 20%

★ ON SAUERKRAUT & KIMCHI!



EVERLAND ORGANIC

Pumpkin Seeds

340 g 6.29

SAVE UP TO 31%

★ ON WALNUTS, CHIA, POPCORN, AND MORE!



HARDBITE

Rock Salt & Vinegar Handcrafted-Style Potato Chips

★ 9 FLAVOURS!

ONLY 3.99! 150 g



COOLER CO.

Mighty Mint Yerba Mate

473 mL

SAVE 27%

★ ALL YERBA MATES ON SALE!



Find these Yerba Mates in the cooler next to the till

GIMME ORGANIC

Roasted Seaweed Snacks

6 x 5 g 6.99

SAVE 30%



★ ALL 6-PACKS ON SALE!

SQUAMISH WATER KEFIR

Probiotic Root Beer

3.69

355 mL

SAVE UP TO 18%

★ ON WATER KEFIRS AND PROBIOTIC POPS!



RIZOPIA ORGANIC

Gluten-Free Brown Rice Pasta ★ 5 TYPES!

ALL ONLY 3.49!

454 g



★ Please check all ingredients to ensure products are right for you



SALES ON FROM

MAY 27 TH TO JUNE 2 ND

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116