EDIBLE ISLAND
WHOLE FOODS MARKET

We're Here for You!

VIVA
Amaze Cream — SAVE 25% — 30 mL

- Packed with vitamins, antioxidants and moisturizing botanicals like aloe vera, rosehip oil and lavender, supports healthy looking, hydrated skin, enhanced with ALA and HA for a radiant, refreshed look
- Paraben/SLS/artificial fragrance/color free



All Viva On Sale!

JOIN US THURS. NOV. 19TH & FRI. NOV. 20TH FOR OUR
Customer Appreciation Event!
ENTIRE STORE 15% OFF INCLUDING SALE ITEMS

HEALTH

ITL HEALTH
PrizMAG+ — SAVE 15% — 120 Caps

- 100% pure magnesium bisglycinate combined with D3 and K2 to support bone health, muscle function, immune health and energy metabolism

All ITL Health On Sale



GF SF SF V YF

NOW
OralBiotic Lozenges — SAVE 15% — 60 Lozengers — 25.49

- Clinically tested, probiotic BLIS K12 strain verified, provides natural defense system supporting ear, nose & throat health, maintains fresh breath
- Packaged in Canada

All NOW Cold/Flu On Sale



NON GMO

NATURAL FACTORS
Vitamin D3 2500iu — SAVE 15%

- High potency cholecalciferol, supports bone, teeth, immune and cardiovascular health while helping prevent Vitamin D deficiency

All NF Vitamin D On Sale



NON GMO GF DF SF

RENEW LIFE
DigestMORE Ultra Strength — SAVE 10% — 60 Caps

- Therapeutic strength, plant sourced, designed to break down fats, carbs, protein and fibre while reducing occasional gas, bloating and indigestion

All RenewLife On Sale



NON GMO GF DF SF

NUTRASEA
Omega-3 — 500 mL BONUS SIZE — SAVE 10%

- Enjoy the clean, light taste of premium quality Omega-3, delicious LEMON flavour, no fishy burp-back! Balanced ratio of 750mg EPA+500mg DHA per dose
- Artificial flavor/preservative free

All NutraSea/Vege On Sale



GF

ORGANIC PRODUCE

ORGANIC Lemons MEX/US — 3.49 lb — $7.68 kg — SAVE $1.00/lb



ORGANIC US Navel Oranges — 2.99 lb — $6.58 kg — SAVE $1.00/lb



ORGANIC Zucchini MEX — 1.99 lb — $4.38 kg — SAVE $1.00/lb



GROCERY

Lest We Forget



ECOIDEAS ORGANIC
Fair Trade Cacao Powder — 13.99 — 227 g — SAVE UP TO 22%

- CASSAVA FLOUR ALSO ON SALE!



O NON GMO FT GF

KINDRED CULTURES
Cranberry Turmeric Water Kefir — 5 FLAVOURS! A CAFFEINE-FREE PROBIOTIC BOOST! — SAVE 22% — ALL ONLY 3.49! — 355 mL



V

GO BIO! ORGANIC
Chicken Bouillon Cubes — 3.49 — 6 Cubes Per Pack

- 4 TYPES PLUS A YEAST-FREE BROTH POWDER IN A JAR!

SAVE UP TO 27%



O NON GMO GF NF

L'ANCÊTRE ORGANIC
Shredded Mozzarella — 7.99 — 200 g

- CHOOSE FROM 11 DIFFERENT CHEESES!

SAVE UP TO 24%



O NON GMO GF

HARDBITE
Hand-Crafted Style Potato Chips — 3.49 — 150 g

SAVE UP TO 27%

- RUGGED CHIPS ALSO ON SALE!



NON GMO GF V

MILLSIE
Beet & Balsamic Cashew Dip — 7.49 — 183 g

- 8 FLAVOURS OF VEGAN DIPS AND CHEEZE!

SAVE 21%



NON GMO GF V

JUST JUICE ORGANIC
Concord Grape Juice — 9.99 — 946 mL

- 9 PURE JUICES ON SALE!

SAVE UP TO 27%



NON GMO V GF

ENJOY LIFE
100% Real Chocolate Semi-Sweet Mini Chips — 255 g — ONLY 10.99

- SEMI-SWEET MEGA CHUNKS AND DARK MORSELS ALSO ON SALE!

SAVE 21%



NON GMO GF DF SF NF

HORNBY ORGANIC
Chocolate Chip Peanut Butter Energy Bar — 2.49 — 45 g — SAVE 29%

- 6 FLAVOURS!



O NON GMO GF DF SF

★ Please check all ingredients to ensure products are right for you

O ORGANIC · NON GMO · FT FAIR-TRADE · GF GLUTEN-FREE · DF DAIRY-FREE · SF SUGAR-FREE · SF SOY-FREE · YF YEAST-FREE · NF NUT-FREE · V VEGAN · CANADIAN · BC MADE · ISLAND MADE

SALES ON FROM NOV. 11TH TO NOV. 17TH

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116