

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

PRAIRIE NATURALS

Prost Force

- ★ Natural, evidence-based formulation supporting prostate health, urinary function and reduce discomfort of prostate enlargement
- SAVE 10%**
- 120 sGels
- ★ All PN Men's Line On Sale



MEGAFOOD

Blood Builder

- ★ Made with whole foods, clinically shown to increase iron levels without common gastrointestinal side effects, helps reduce tiredness and fatigue
- Buy 72 Tabs Get 30 Tabs FREE!
- \$57.25**
- SAVE 10%**



LIVING ALCHEMY

ORGANIC

MycoSynergy Immune 8

- ★ Made with a blend of 8 fermented mushrooms for a balanced, natural immune and gut defense
- 31.99**
- 60 vCaps
- SAVE 20%**

★ Your Flora & Mushroom Line On Sale



NATURE'S WAY

Calcium & Magnesium Citrate 2:1

- ★ Provides calcium and magnesium to support strong bones, muscle function & overall mineral balance
- 27.19**
- 500 mL
- SAVE 15%**
- ★ All NutraSea/NutraVege and Calcium Magnesium On Sale



NOW Ceramic Stone

Ultrasonic Diffuser

- ★ Natural clay handcrafted design, high frequency ultrasonic technology, auto shut off, cool vapour, up to 7 hours of continuous run time
- 58.35**
- SAVE 14%**



LILY OF THE DESERT

Aloe Vera Gel

- ★ Soothing, hydrating, used for healing and moisturizing skin, supports gut health, immune system, balances stomach acid naturally
- 12.79**
- 946 mL
- SAVE 20%**
- ★ All Lily of the Desert On Sale



JOIN US THIS WEEK!

Our Customer Appreciation Event

Thurs. Nov. 20th
& Fri. Nov. 21st

ENTIRE STORE

15% OFF

★ INCLUDING SALE ITEMS

ORGANIC PRODUCE

ORGANIC US Navel Oranges



2.99 lb

\$6.58 kg

SAVE \$1.00/lb

ORGANIC MANGOES ECUADOR



1.99 ea

GREAT BUY!!

ORGANIC Parsnips ONTARIO



3.99 lb

\$8.78 kg

SAVE \$1.50/lb

GROCERY

NUTS TO YOU ORGANIC

Fair Trade Sesame Tahini

- ★ SALES ON TAHINI, PUMPKIN SEED, AND SUNFLOWER BUTTER!
- 9.99**
- 500 g



ECOIDEAS ORGANIC

Cassava Flour

- 26.99**
- 1 kg
- SAVE UP TO 20%**
- ★ CHOOSE FROM OAT FIBRE, CASSAVA & LUPIN FLOUR!



LUCKY FOODS

Seoul Kimchi

- 8.99**
- 414 mL
- SAVE UP TO 22%**
- ★ ON 2 KIMCHIS AND 3 SPRING ROLLS!



GATHERING PLACE ORGANIC

True Cinnamon

- ★ ALL SPICES ON SALE!
- 4.99**
- 50 g
- SAVE UP TO 23%**



AMY'S ORGANIC

Baked Beans

- 5.49**
- 398 mL
- ★ CHOOSE FROM SOUPS, BEANS, AND CHILIS!



BIOITALIA ORGANIC

Tomato Paste

- 5.49**
- 300 mL
- SAVE UP TO 23%**
- ★ ON PASTAS, SAUCES, AND OLIVE OIL!



ZAZUBEAN ORGANIC

Fair Trade Extra Dark Chocolate

- ★ 21 FLAVOURS ON SALE!
- 6.99**
- 85 g



ENJOY LIFE

100% Real Chocolate

Dark Morsels

- ★ GREAT SAVINGS ON CHOCOLATE CHIPS, CHUNKS, AND MORSELS! 5 VARIETIES!
- 9.99**
- 255 g



LOOP MISSION

Immunity Booster Wellness Shot

- ONLY 2.49 EACH!**
- ★ 3 HEALTHY SHOTS TO CHOOSE FROM!



★ Please check all ingredients to ensure products are right for you



SALES ON FROM

**NOV. 19TH
TO NOV. 25TH**



EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116