EDIBLE ISLAND
WHOLE FOODS MARKET

We're Here for You!

VIVA — SAVE 25%
Collagen + Kojic Cream
- Combines benefits of peach fruit extract and kojic acid, delivers a brightening and firming result, targets stubborn dark spots
- Paraben/phthalates/fragrance free

30 mL

Line Drive

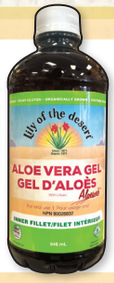


HEALTH

LILY OF THE DESERT — Aloe Vera Gel
- Supports healthy digestion, promotes regularity & normal muscle and joint function, improves absorption of vitamins/nutrients

SAVE 15% — 946 mL

All Lily of the Desert On Sale



ITL HEALTH — SeaMAG Magnesium Flakes — SAVE 15%
1 kg

- 100% pure topical mag chloride flakes, supports relaxation, skin hydration and transdermal replenishment
- No additives, preservatives, or frangrances

All ITL Health On Sale



NAKA PLATINUM — Extra Strength Quercetin 500mg — SAVE 20%
120 vCaps BONUS SIZE

- Plant based anti-oxidant, protects capillary/ blood vessels, supports immune health, seasonal allergy relief
- Non irradiated, citrus free



NOW — C-1000 — SAVE 15%
18.69 — 100 Tablets

- 1000mg per serving, supported with citrus bio-flavonoids to help immune function, collagen production and antioxidant defense

All NOW Immune On Sale



HARMONIC ARTS ORGANIC — Lion's Mane Tincture — SAVE 10%
19.79 — 50 mL

- Crafted to support everyday cognitive and immune health, promotes mental clarity and focus, organic, wild crafted
- Made in the Comox Valley!

All HA Mushrooms On Sale



Join us for Wellness Wednesday Nov. 25th

ORGANIC PRODUCE

ORGANIC Pink Lady Apples BC
2.99 lb — $6.58 kg GREAT BUY!!



ORGANIC Kiwi Fruit NEW ZEALAND
6.99 ea — SAVE $1.00 1 LB Clamshell



ORGANIC BC Carrots FOUNTAINVIEW FARM
5.49 ea — 2 LB BAGS SAVE $1.00



GROCERY

Your Local Health Hub Since 1980!

BRAGG ORGANIC — Apple Cider Vinegar — 946 mL — 9.99
SAVE UP TO 25%

- LIQUID SEASONING, COCONUT NECTAR AND BRAGG SPRINKLE ALSO ON SALE!



GREEN CUISINE — Simply Soybean Tempeh — 225 g
- 9 TEMPEH PRODUCTS ON SALE!

SAVE 25%

ALL ONLY 4.49!



ECO MAX — Hypoallergenic Laundry Wash
3 Litres — 19.99

SAVE $5 EACH!

- LAUNDRY STRIPS ALSO ON SALE!



YOGGU! Top Selling Plant-Based Probiotic Yogurt — 6.99 — 450 g
- 5 FLAVOURS!

SAVE 22%



INDIAN LIFE — Large Tortillas — 5.99 — 500 g
SAVE UP TO 33%

- ON WRAPS AND SNACKS!



CABOO Biodegradable Bamboo Bath Tissue — 10.99
12 Pack

- TISSUE & BABY WIPES ON SALE!

SAVE UP TO 25%



NATURA ORGANIC — Soy Beverage
946 mL — 3.49

- 12 PLANT-BASED BEVERAGES ON SALE!

SAVE UP TO 30%



BLUEBIRD PROVISIONS ORGANIC — Chicken Bone Broth — 9.99 — 420 mL
SAVE UP TO 24%

- ON BONE BROTHS & PROTEIN POWDER!



NATURE CLEAN — Fragrance-Free Dish Soap — 4.99 — 740 mL
SAVE UP TO 25%

- ON LIQUID HAND & DISH SOAPS, & RINSE AGENTS!



SALES ON FROM NOV. 25TH TO DEC. 1ST

- Please check all ingredients to ensure products are right for you

O ORGANIC · NON-GMO · B B CORP · CF CRUELTY-FREE · GF GLUTEN-FREE · LF LACTOSE-FREE · V VEGAN · K KETO · CANADIAN · BC MADE · ISLAND MADE

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116