EDIBLE ISLAND
WHOLE FOODS MARKET

We're Here for You!

HARMONIC ARTS ORGANIC
Mushroom Capsules
- Organic functional mushrooms from 100% fruiting body, 5 Mushroom, Chaga, Cordyceps and Lion's Mane supporting health and immunity from head to toe!
- Made in the Comox Valley
- All HA Mushroom Capsules On Sale



SAVE 10%

HEALTH

NAKA PLATINUM
Liposomal C1000 — SAVE 15%
- Superior absorption, improved digestive tolerance and robust antioxidant protection, supports immune system & collagen production. Non irradiated

37.39 — 750 mL

All Naka Vitamin C On Sale



LIVING ALCHEMY ORGANIC
Milk Thistle Alive — SAVE 15%
- Whole food, fermented milk thistle with turmeric and dandelion root for whole-body support, helps improve detoxification and liver function
- Isolate free

33.99 — 60 vCaps

Alive & Mushroom Series On Sale



PRAIRIE NATURALS
AndroForce with Sensoril — SAVE 10%
- Formulated for men to reduce cortisol, support healthy testosterone metabolism, energy production and muscle growth, ease stress, fatigue, sleeplessness
- Women led

60 SoftGels

PN Men's Line On Sale



ORGANIKA
Protein Hydrator — SAVE 10%
- Refreshing drink that delivers hydration, balances glucose, pre/probiotics and enzymes for digestion and gut health
- No artificial colors/flavors/sweeteners

650 g

All Flavours On Sale



LILY OF THE DESERT
ORGANIC Aloe Vera Juice — SAVE 15%
- 99.7% pure, designed to support digestion, immune health, nutrient absorption and a healthy stomach PH

9.34 — 473 mL

All LOTD On Sale



ORGANIC PRODUCE

ORGANIC US Pomegranates — 2.99 EACH — SAVE $1.00



ORGANIC Grapefruit US — 2.99 lb — $6.58 kg — SAVE $1.00/lb



ORGANIC Papaya MEX — 2.99 lb — $6.58 kg — SAVE $1.00/lb



GROCERY

Healthy Savings For Fall!

NUTS TO YOU ORGANIC
Sesame Tahini — 11.99 — 735 g
- PUMPKIN SEED BUTTER AND TAHINI ON SALE!

SAVE UP TO 29%



KARTHEIN'S ORGANIC
Raw Unpasturized Kimchi — 13.99 — 750 mL

SAVE UP TO 27%
- ON SAUERKRAUT & KIMCHI!



EDWARD & SONS
Gluten-Free Black Sesame Brown Rice Snaps — 100 g — 4.99

SAVE 18% OR MORE
- 4 FLAVOURS OF RICE SNAPS!



AMY'S Gluten-Free
Enchilada Dinner — 284 g — 7.49
- A WIDE VARIETY OF AMY'S ENTRÉES & SELECT ORGANIC SOUPS ON SALE!

SAVE 21%



JOVIAL ORGANIC
Grain-Free Gluten-Free Fusilli Pasta — 227 g — 5.99

SAVE UP TO 25%
- ON A VARIETY OF GRAIN OR GLUTEN-FREE PASTAS, PLUS EINKORN FLOUR!



BARBARA'S
Cheez Puffs or Cheez Curls — ONLY 3.49 — 155 g - 198 g

SAVE 19%
- ALL ON SALE!



EVERLAND ORGANIC
Pitted Prunes — 7.99 — 227 g
- 6 DRIED FRUITS ON SALE!

SAVE UP TO 20%



CAMINO ORGANIC
Simply Dark Hot Chocolate Mix — 275 g — 9.99

SAVE UP TO $4 EACH
- ON 4 HOT CHOCOLATES!



TOFINO ORGANIC
Kombuchas
- 7 FLAVOURS!

355 mL — 3.19

SAVE UP TO 24%



- Please check all ingredients to ensure products are right for you

ORGANIC · NON-GMO · FAIR-TRADE · GLUTEN-FREE · DAIRY-FREE · SOY-FREE · CORN-FREE · NUT-FREE · VEGAN · CANADIAN · BC MADE · ISLAND MADE

SALES ON FROM NOV. 4TH TO NOV. 10TH

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116