

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

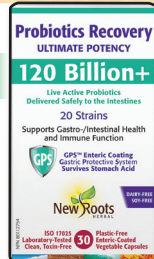
HEALTH

NEW ROOTS HERBAL

Probiotics Recovery 30 Caps **SAVE 10%** **65.89**

★ High-potency formula populates the entire gut with 20 species, including 11 human strains to reestablish the dominance of beneficial strains that can be decimated by frequent antibiotic use

★ **All New Roots Probiotics On Sale**



NATURE'S WAY

NutraSea Dry Eye

★ Targeted omega-3 formulated to support tear production, eye hydration and overall eye comfort

★ New size!

79.99 500 mL **SAVE 20%**

★ **All NutraSea/Vege On Sale**



HARMONIC ARTS

5 Mushroom Concentrated Mushroom Powder

- ★ Concentrated powder blends 5 medicinal mushrooms to boost immunity, energy, focus and overall wellness naturally
- ★ No preservatives

45 g **SAVE 15%** **32.29**



★ **All CMP. Mushroom Tincture/Capsules, & Single Tinctures On Sale**



PRAIRIE NATURALS

Tongkat Ali

★ A concentrated 50:1 extract to boost testosterone, enhance energy, improve libido and reduce stress

SAVE 10% **60 vCaps**

★ **All PN Men's Line On Sale**



LIVING ALCHEMY ORGANIC

Your Flora - Woman

★ Helps prevent acute and recurring UTIs, restore healthy vaginal balance, intestinal mucosa and immunity, optimizes healthy gut flora

★ **Your Flora and Mushroom Line On Sale**

38.39 60 vCaps **SAVE 20%**



LILY OF THE DESERT ORGANIC

Aloe Vera Gel **12.79** 946 mL **SAVE 20%**

★ Soothing, hydrating, used for healing and moisturizing skin, supports gut health, immune system, balances stomach acid naturally

★ **All Lily of the Desert On Sale**



ORGANIC PRODUCE

ORGANIC Lemons MEX



3.49 lb **\$7.68 kg** **SAVE \$1.00/lb**

ORGANIC Grapefruit US



2.49 lb **\$5.48 kg** **SAVE \$1.00/lb**

ORGANIC CHINA Mandarin Oranges



10.99 ea 4 lb Boxes **SAVE \$2.00**

GROCERY

We've Got You Covered from Breakfast to Dinner!

NATURE'S PATH ORGANIC

Rice Puffs

★ 11 DIFFERENT BREAKFAST OPTIONS!

4.49 170 g **SAVE UP TO 26%**



MOONSHINE MAMA'S

Lemon Turmeric Elixir 500 mL **19.99**

SAVE UP TO 20%

★ ON DELICIOUS AND NUTRITIOUS ELIXIRS!



YOGGU! Top Selling

Vegan Yogurt **6.99** 450 g **SAVE OVER 20%**

★ ALL ON SALE, 5 FLAVOURS!



EARTH'S OWN Gluten-Free

Unsweetered Oat Beverage 946 mL **3.49**

★ 25 PRODUCTS ON SALE!

SAVE UP TO 20%



TAJ MAHAL

Chana Masala 285 g **3.49**

★ ALL 8 HEAT-AND-SERVE MEAL KITS ON SALE!

SAVE OVER 20%



NORA

Crispy Original Seaweed Snack 32-45 g **ONLY 4.49**

SAVE 18%

4 FLAVOURS ON SALE!



GREEN CUISINE

Smoked Tempeh

★ 7 FLAVOURS OF TEMPEH ON SALE!

225 g **ALL ONLY 4.99**



MILLSIE

Applewood Smoked Cashew Cheese

ONLY 8.99 200 g **SAVE 18%**

★ CHOOSE FROM 5 VEGAN CHEESES!



HARDBITE

Hand-Crafted Style Potato Chips

★ 8 FLAVOURS!

150 g **ONLY 3.79!** **SAVE 19% OR MORE**



★ Please check all ingredients to ensure products are right for you



ORGANIC



NON-GMO



B CORP



GLUTEN-FREE



DAIRY-FREE



SUGAR-FREE



SOY-FREE



VEGAN



VEGETARIAN



KETO



KOSHER



CANADIAN



BC MADE



ISLAND MADE

SALES ON
FROM

NOV. 5TH
to NOV. 11TH



EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116