EDIBLE ISLA

WHOLE FOODS MARKET

We're Here for You!

HEALTH

PURICA Ashwagandha

120 vCaps SAVE 10% + Effectively reduces stress symptoms like sleeplessness, fatigue and irritability, aids concentration, decreases cortisol and C-Reactive protein levels, supports cardio health Sleep Support



33.95



Uitamin C-1000

41.39 250 vCaps **SAVE 10%**

with Bioflavanoids Maintains bones, cartilage, teeth and gums, immune function, aids in wound healing, highly effective antioxidant All NOW Immune On Sale



SF

the body's balance via 8 powerful adaptogenic herbs, maintains immune defenses against common viral infections

All St. Francis

33,49

100 mL

ST. FRANCIS ORGANIC

★ Supports and fortifies the

Deep Immune

immune system by restoring

SAVE 10%

NON U

S+Francis

Deep

Immune

Herb Farm Immune Products On Sale

NORTH COAST NATURALS

Fermented 19.19 Glutamine

★ Helps restore

300 g SAVE 20% plasma glutamine levels after physical stress, support immune system health



SURO ORGANIC

Breathe

Herbal liquid formulated to relieve seasonal allergies, sinus and luna congestion by opening airways and clearing mucus, Canadian grown elderberries Line Drive! All Suro On Sale



PRAIRIE DOCTOR ORGANIC Lion's Mane Tincture

★Sustainably sourced Lion's Mane fruiting body, a nootropic improving mood, memory and 24.64 focus, powerful immune supporting benefits

All Prairie Doctor Mushroom Tinctures On Sale



ORGANIC PRODUCE

and digestive health and assist

ORGANIC Mini Sweet eppers MEX

in muscle cell repair



3.99 ea I LB BAGS **SAVE \$1.00**

RGANIC BC Heirloom Tomatoes



18.69

236 mL

\$13.18 kg SAVE \$1.00/Ib

ORGANIC us Napa Cabbage



2.49 lb \$5.48/kg **SAVE \$1.00/Ib**

GROCERY

Here to Meet All Your Cozy, Convenient, Yummy Needs!

BOB'S RED MILL Nutritional Yeast 142 g

CHOOSE FROM A WIDE SELECTION OF BAKING PRODUCTS & GRANOLAS!



GREEN CUISINE 2.99 * MEDIUM FIRM ALSO ON SALE!



AMANO FOODS 6.69 500 mL ★GLUTEN-FREE ALSO ON SALE!

3.29

454 g

GENIUNE TEA CO. ORGANIC

Assam Breakfast Tea

SAUE ★ 4 DELICIOUS **30%** FLAVOURS!



LE GRAND Plant-Based Garden 6.69 170 g

ON PESTOS & VEGAN MAC'N' 26% CHEEZE SAUCE!



RIZOPIA ORGANIC Gluten-Free

SAUE 23% asta 0 ★ 5 TYPES



TAMAR



NATURA ORGANIC Soy Beverage

6.29

45 g

946 mL 3.69 * 11 FLAVOURS OF OAT.

SOY, & ALMOND MILKS!



4.79 400 mL

SAUE TO

ON COCONUT MILKS CREAMS, & CURRY PASTE!





Macrobar * 9 FLAVOURS!



ONLY 3.69!

0

NON

GF

SF

O

Riease check all ingredients to ensure products are right for you



























SALES ON

ОСТ. 15 тн то ОСТ. 21sт





















BC MADE ISLAND MADE