

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

NEW ROOTS HERBAL

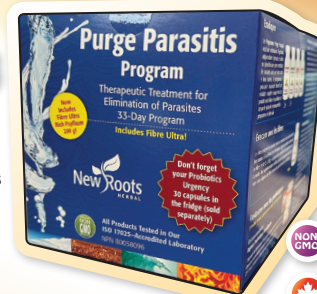
SAVE 15%

Purge Parasitis

33 Day Program

★ Defend your body with potent botanicals that combat parasites and fungi, promoting better gut health and overall wellness

★ All NRH Purge Parasitis On Sale



JOIN US NEXT WED. OCT. 28TH FOR
Wellness Wednesday
SAVE 15% ON PERSONAL CARE & VITAMINS

LAST
WED. OF
EVERY
MONTH!

HEALTH

PROVITA

Colon Cleanser

SAVE 10%

★ Balanced, fiber rich formula with wormwood, gentle colon cleanser, designed to support regularity, promote healthy gut bacteria & overall digestive balance

★ All Provita On Sale 100 vCaps



ST. FRANCIS HERB FARM

ORGANIC Congestion Aid

SAVE 10%

★ Black seed oil and distilled garlic essential oil, effective, all natural relief for upper respiratory tract conditions, nasal congestion & excess mucus buildup

★ All STF Cold/Immune On Sale



SURO ORGANIC

Breathe

236 mL

19.79

★ Relief for seasonal allergies, sinus & chest congestion, works quickly by relaxing bronchial passages, clearing mucous, soothing inflammation

★ All Suro On Sale

SAVE 10%



ORGANIKA

Chicken Ramen Bone Broth

SAVE 10%

44.99

★ Provides the nutrients of slow-simmered real bones in a fast dissolving powder, clean protein, collagen and minerals in one simple scoop, supports gut health & digestion

★ All Organika Broths On Sale



NATURE'S WAY

Cat's Claw

100 vCaps

18.89

★ Support immune function and help relieve joint pain associated with osteoarthritis and rheumatism

★ All NW Single Herbs On Sale



ORGANIC PRODUCE

ORGANIC Celery Root



2.49 lb

\$5.48 kg
SAVE \$1.00/lb

ORGANIC Purple Top Turnips



3.49 lb

\$7.68 kg
SAVE \$1.00/lb

ORGANIC Parsnips



4.49 lb

\$9.88 kg
SAVE \$1.00/lb

GROCERY

CAMINO ORGANIC

225 g

9.99

Bittersweet Chocolate Chips

★ CHIPS, & SELECT COCOA POWDER & SUGAR ON SALE!

SAVE UP TO 33%



CARRICK BROTHERS

ORGANIC 100% Pure Maple Syrup

100 mL

6.99

SAVE UP TO 27%

★ BOURBON BARREL AGED MAPLE SYRUP ON SALE TOO!



GOMACRO ORGANIC

Dark Chocolate + Almonds Protein Bar



ONLY 3.49

SAVE 33%

★ 7 FLAVOURS!

LE GRAND Plant-Based

Garden Pesto

★ 3 PESTOS & CHIMICHURRI ALL ON SALE!

7.99

170 g

SAVE 20%



NUMI ORGANIC

Gunpowder Green Tea

6.49

18 Bags

SAVE \$3 EACH

★ ALL ON SALE!



NORA Gluten-Free

Crispy Original Seaweed Snacks

3.69

28 g

SAVE UP TO 33%

★ ON 6 TASTY FLAVOURS!



CHA'S ORGANICS ORGANIC

Coconut Cream

4.49

400 mL

★ CHA'S CURRY PASTES & COCONUT MILK OR CREAM ALSO ON SALE!

SAVE UP TO 27%



PHILLIPS IOTA

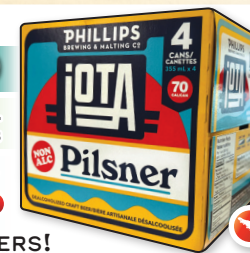
Non-Alcoholic Pilsner Craft Beer

6.99

355 mL x 4 Cans

SAVE 36%

★ ON NON-ALCOHOLIC BEERS!



HUMBLE ORGANIC

Rumbles Sea Salt Ridged Potato Chips

4 SNACKABLE FLAVOURS!

ALL ONLY 3.99!



★ Please check all ingredients to ensure products are right for you



ORGANIC



NON-GMO



B CORP



FAIR TRADE



GLUTEN-FREE



DAIRY-FREE



SOY-FREE



VEGAN



VEGETARIAN



KETO



CANADIAN



BC MADE



ISLAND MADE

SALES ON
FROM

OCT. 21ST
TO OCT. 27TH

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116