

EDIBLE ISLAND

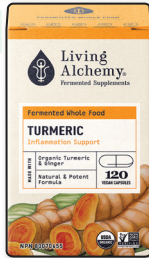
WHOLE FOODS MARKET

We're Here
for You!

HEALTH

LIVING ALCHEMY

Turmeric Alive 61.59
120 Caps
SAVE 10%+
★ Organic whole food turmeric provides nutrients to help your body fight inflammation and oxidation, promotes joint health and mobility, superior absorption of curcumin & tetrahydro-curcumin
★ **Alive Series On Sale**



ST. FRANCIS

ORGANIC Deep Immune Kids 20.69
50 mL
SAVE 10%
★ Contains kid-safe herbs that support a healthy immune system, maintain immune defenses, mild-tasting, also acts as a vital energy tonic
★ **All St. Francis Immune On Sale**



VITALITY GLOW

Marine Collagen + Rose 57.59
200 g
SAVE 10%

★ Combined benefits of marine collagen with rose petals to balance Qi, reduce signs of aging, delicious rose flavoured beverage without added sugar, with biotin & Vit C for strong hair, skin and nails
★ **All Vitality On Sale**



JOIN US NEXT WED. OCT 29TH FOR EDIBLE ISLAND'S
Wellness Wednesday
SAVE 15% ON PERSONAL CARE & VITAMINS

LAST
WED. OF
EVERY
MONTH!

ORGANIKA

Bone Broth Protein Powder 44.09
300 g
SAVE 10%
★ Clean, single ingredient broth powder for high protein, high collagen, low sodium alternative to conventional bullion
★ Hormone and antibiotic free
★ **All Organika On Sale**



PRAIRIE NATURALS

Vitamin D3 1000 IU 22.94
500 sGels
SAVE 15%
★ Helps prevent Vitamin D deficiency, supports healthy bones, muscles, nerves and boosts immunity
★ **All PN Vitamin D On Sale**



SURO ORGANIC

Elderberry Syrup for Kids 19.19
236 mL
SAVE 20%
★ Fights colds, relieve sore throats, cough and fever, 100% Canadian elderberries, no added sugar/water, all natural formula
★ **All Suro On Sale**



ORGANIC PRODUCE

ORGANIC Danjou Pears BC
2.49 lb
\$5.48 kg
GREAT BUY!



ORGANIC Papaya MEX
2.99 lb
\$6.58 kg
SAVE \$1.00/lb



ORGANIC MEX Long English Cucumbers
2.99
EACH
SAVE \$1.00



GROCERY

Your One Stop Health Food Shop!

NUMI ORGANIC

Aged Earl Grey Tea 6.99
18 Bags
SAVE UP TO 30%
★ 15 TYPES!
★ **All Numi Organic On Sale**



EVERLAND ORGANIC

Coconut Milk 2.49
400 mL
SAVE UP TO 29%
★ ALL 400 ML CANS ON SALE!



INDIAN LIFE

Large Tortillas 5.79
500 g
SAVE UP TO 27%
★ ON TOP-SELLING WRAPS AND SELECT SNACKS!



KASLO SOURDOUGH PASTA

Fermented Radiatori
★ 4 TYPES OF PASTA ON SALE!
ONLY 9.49 EACH
454 g
★ **All Kaslo Sourdough Pasta On Sale**



EARTHBOUND FARM ORGANIC

Green Peas 4.49
300 g
SAVE UP TO 18%
★ ON FROZEN VEGETABLES!



L'ANCÊTRE ORGANIC

Gouda Cheese 7.99
170 g
SAVE UP TO 30%
★ ON SELECT BUTTERS & CHEESES, INCLUDING EMMENTAL SWISS & MOZZARELLA!



WHOLESOME ORGANIC

Icing Sugar 6.69
454 g
SAVE UP TO 27%
★ ON 9 DIFFERENT TYPES OF SUGARS AND MOLASSES!



ALTER ECO ORGANIC Fair Trade

Mint Blackout Dark Chocolate Bar 4.99
★ 15 FLAVOURS!
ALL ONLY 4.99
75-84 g



EVE'S Gluten-Free

Savoury Sunflower Crackers 6.69
108 g
SAVE OVER 25%
★ ON ALL 4 FLAVOURS!



★ Please check all ingredients to ensure products are right for you



SALES ON
FROM

OCT. 22ND
TO OCT. 28TH

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116