

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

LIVING ALCHEMY ORGANIC

Stress Less

★ Kombucha fermented, supports the adrenal system, manage cortisol and reduce feelings of high stress & nervousness

SAVE 15%

44.19

60 vCaps

★ Synergy Series On Sale



PURE VITA LABS

Creatine x8 BCAA

★ Amino-boosted creatine monohydrate designed to increase muscle strength, power output & workout recovery

SAVE 15%

15.29

249 g

★ All PVL Creatine On Sale



NATURE'S WAY

Sambucus Elderberry Gummies

★ Tasty elderberry gummies help relieve cold & flu symptoms while supporting your immune system

★ All Nature's Way Cold/Immune On Sale

SAVE 20%

19.19

60 Gummies



PRAIRIE NATURALS

Tongkat Ali

★ Helps promote healthy testosterone production and provides anti-oxidant support

★ All PN Men's Line On Sale

SAVE 10%

60 vCaps



PROVITA

Digestive Enzymes

★ Broad spectrum blend of pancreatic enzymes, bromelain and more, supports digestion and eases discomfort like indigestion, gas and bloating

★ All Provita On Sale

SAVE 10%

28.79

90 Caps



CANPREV

Magnesium Bisglycinate

★ Designed for those seeking potency with extra gentleness or with sensitive digestion

★ All CanPrev Mag On Sale

SAVE 10%

26.99

120 vCaps



LOCAL & ORGANIC PRODUCE

LOCAL! Roma Tomatoes

BERRY BEST FARM



2.99 lb

\$6.58 kg

HOT PRICE!!

ORGANIC BC Jalapeño Peppers



5.49 lb

\$12.08 kg

SAVE \$1.00/lb

ORGANIC Sunchokes



4.49 lb

\$9.88 kg

SAVE \$1.00/lb

GROCERY

NUTS FOR CHEESE

ORGANIC & Dairy-Free

Un-Brie-Lievable

Fermented Cashew Cheese

★ 4 DELICIOUS VEGAN CHEESES ON SALE!

SAVE \$4.50 EACH

9.49

120 g



LOOP MISSION

Immunity Booster Wellness Shot

ONLY 2.19 EACH!

★ 3 TYPES! **SAVE 27%**



Happy Hallowe'en!

EVERLAND ORGANIC

Maple Syrup

1 LITRE

24.99

SAVE \$10 EACH

★ ON 2 TYPES OF MAPLE SYRUP!



RIZOPIA ORGANIC

Gluten-Free

Brown Rice Pasta

★ 5 TYPES

ALL ONLY 2.79!

454 g

SAVE 35%



STEFANO

Creamy Tomato Soup

605 mL

5.99

★ TUSCAN MINISTRONE, ITALIAN WEDDING, & CHICKEN NOODLE SOUP ALSO ON SALE!

SAVE 32%



ZEVIA Zero Sugar

Cola Soda

★ 12 FLAVOURS!

SAVE 26%



6.99

6 x 355 mL

GOODDRINK

Lemonade Tea

473 mL

ONLY 2.99

★ 4 FLAVOURS!

SAVE 25%



ECO MAX

Automatic Dishwasher Pacs

7.99

20 Pacs

SAVE UP TO 41%

★ ON 12 CLEANING PRODUCTS!



SIMPLY CLEAN

Washing Soda

2 kg

9.99

SAVE UP TO 38%



★ CHOOSE FROM WASHING SODA, STAIN REMOVER, BORAX, & VINEGAR PLUS!

★ Please check all ingredients to ensure products are right for you



SALES ON FROM

OCT. 28TH

TO NOV. 3RD

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116