

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here for You!

HEALTH

NAKA PLATINUM

Resurfacing Retinol Serum

Improves the look of acne scars, replenishes skin's moisture barrier, reduces the appearance of fine lines and wrinkles, fragrance/paraben free

25.49

50 mL
SAVE 15%



NEW ROOTS HERBAL

Zinc Chelate 25mg

Pivotal mineral for immune-system performance, the maintenance of healthy skin and connective tissue & metabolizing carbs, fats and proteins

10.79

90 Caps
SAVE 10%



All New Roots Zinc On Sale

BOTANICA ORGANIC

Perfect Protein

Plant based protein blend containing 20 amino acids, vitamins, minerals and antioxidants, helps build and repair body tissues, including muscle, easy to digest - pea, soy and legume free, no fillers/additives

38.24

390 g
SAVE 15%



All Botanica On Sale



A. VOGEL

Echinaforce Sore Throat Spray

Treats painful throat inflammation and infection, antibacterial effect, clinically proven

15.13

30 mL
SAVE 20%



ARROW

Mag Bisglycinate 160mg

One per day, crafted for maximum absorption and verified for purity, no fillers, supports muscle recovery, promotes relaxation and restful sleep, aids in reducing muscle cramps/spasms

25.49

180 Caps
SAVE 15%



NATURAL FACTORS

Hi Potency B 50mg

Full spectrum of essential B vitamins, supports energy production, immune function, tissue formation and formation of red blood cells

28.04

210 Caps
SAVE 15%



Join us for Wellness Wednesday October 29th

ORGANIC & LOCAL PRODUCE

ORGANIC Ambrosia Apples BC



1.99 lb

\$4.38/kg
SAVE \$1.00/lb

LOCAL! ORGANIC Beets



2.99 lb

\$6.58/kg
GREAT BUY!!

ORGANIC Avocados MEX



1.49 ea

HOT PRICE!!

GROCERY

Come In for Delicious Savings!

CAMINO ORGANIC

Dark Hot Chocolate Instant Mix

7 TYPES OF HOT CHOCOLATE MIX AND COCOA POWDER!

9.99

336 g

SAVE UP TO 25%



KOYO RAMEN

Tofu Miso Ramen

6 FLAVOURS WITH ORGANIC NOODLES!



ONLY 1.79 EACH!



THE GINGER PEOPLE ORGANIC

Pickled Ginger

CHOOSE FROM SAUCES, CHEWS, PICKLED GINGER AND MORE!

6.99

190 g

SAVE UP TO 30%



SOBER CARPENTER

Non-Alcoholic Craft Cider

ON RASPBERRY SOUR, IPA, MEXICAN LAGER & CIDER!

3.49

473 mL

SAVE UP TO 30%



ECO MAX

Automatic Dishwasher Pacs

ON ALL-PURPOSE CLEANER, LAUNDRY STRIPS, DRYER SHEETS, AND MORE!

20 Pacs

8.99

SAVE 25%-33%



GOOD TO GO Gluten-Free

Raspberry Lemon Soft Baked Bar

3 FLAVOURS!

40 g

ONLY 1.99

SAVE 33%



ZEVIA Zero Sugar Ginger Ale

ON 12 CLASSIC FLAVOURS!

6 x 355mL

5.99

SAVE UP TO 33%

21L/6-355 mL

6 Cans

NON-GMO

B

GF

SF

U

TERRA BREADS

Terra Granola

ORIGINAL, PISTACHIO, OR PURE CRUNCH!

340 g

7.99

SAVE 20%



KEFIRKULT Premium Probiotic Coconut Kefir Yogurt

359 mL

9.99

SAVE 29%



Please check all ingredients to ensure products are right for you



ORGANIC



NON-GMO



B CORP



FAIR TRADE



CRUELTY-FREE



GLUTEN-FREE



DAIRY-FREE



LACTOSE-FREE



SUGAR-FREE



SOY-FREE



VEGAN



CANADIAN



BC MADE



ISLAND MADE

SALES ON FROM

OCT. 29TH TO NOV. 4TH

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116