

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

NOW Kids Vitamin D-3 Drops 100iu

★ Supports the development of teeth and bones, highly absorbable, flavourless, made with clean ingredients

10.79
60 mL
SAVE 10%



GF
EF
DF
SF
SF

ST. FRANCIS ORGANIC Deep Immune Kids Includes 15mL Vitamin D

★ Mild-tasting version contains kid-safe herbs that support healthy immune system and maintain immune defenses, vital energy tonic

26.09
SAVE 10%
100mL + 15mL



PRAIRIE NATURALS

Morning Rise & Shine

★ Highly absorbable mineral enhanced, all natural lemon and aloe drink gently balances internal body PH and promotes an alkaline environment, detoxifies & rejuvenates cells and organs

★ All Prairie
Naturals
On Sale



126 g
SAVE 10%
28.99

NON GMO GF U

NEW ROOTS HERBAL Beef Bone Broth Protein

★ Slow simmered, pasture raised, 27g clean protein per serving, rich source of collagen, amino acids and B vitamins

300 g
SAVE 15%



NON GMO GF

PURICA Curcumin BDMC 30

★ Extra-strength formulation, powerful antioxidants for rapid relief from joint inflammation

51.96
60 Caps
SAVE 20%



PHILLIP ADAM Leave In Conditioner

★ Hydrates and nourishes with plant based ingredients, detangles, tames frizz and controls flyaway hair, revitalizes and keeps hair healthy

16.19
237 mL
SAVE 10%



CF GF

ORGANIC BC PRODUCE

ORGANIC Zucchini BC



2.49 lb
\$5.48 kg
SAVE \$1.00/lb

ORGANIC BC Red or Yellow Potatoes



6.99 ea
5 LB BAG
HOT PRICE!!

ORGANIC Garlic BC



17.99 lb
\$39.58 kg
SAVE \$2.00/lb

GROCERY

Delicious Flavours!

NOW ORGANIC Turmeric Ginger Tea

★ ALL TEAS ON SALE!
SAVE 33% OR MORE

7.29
24 Tea Bags



ABOKICHI Chili Miso Oil

★ AWARD-WINNING OILS!
★ ALL ON SALE!
SAVE \$3 EACH

12.99
230 mL



LAID BACK SNACKS Honey Habanero Nut Mix

New!
★ DELICIOUS NUT MIXES!
SAVE 16%

2.69
45 g



NORA Crispy Original Seaweed Snack

★ 4 FLAVOURS ON SALE!
SAVE 18%

4.49
32-45 g



OOMÉ Maple Soy Smoked Tofu

★ ALL SMOKED TOFUS ON SALE!
SAVE 16%

6.69
220 g



BETTER THAN NOODLES ORGANIC Konjac Thai Style Noodles

★ ALL ON SALE!
SAVE OVER 20%

5.49
358 g



COOLER CO. Cherry Cream Soda Kombucha

★ YERBA MATES & KOMBUCHAS, ALL ON SALE!
SAVE UP TO 26%

3.69
355 mL



PACIFIC FOODS ORGANIC Chicken Broth

★ ALL BROTHS ON SALE!
SAVE 16%

6.69
946 mL



CABOO Facial Tissue

★ MADE FROM SUSTAINABLE BAMBOO!
★ ON TISSUES, TOILET PAPER, & BABY WIPES!

1.99
60 Count



★ Please check all ingredients to ensure products are right for you

ORGANIC NON-GMO B CORP CRUELTY-FREE GLUTEN-FREE DAIRY-FREE SUGAR-FREE SOY-FREE NUT-FREE EGG-FREE NO MSG VEGAN VEGETARIAN KETO KOSHER CANADIAN BC MADE ISLAND MADE

SALES ON
FROM

SEPT. 24TH
TO SEPT. 30TH

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116