

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH



AQUAOMEGA Omega-3 EPA 3X Extra Strength

★ High-potency omega-3 providing EPA to support cardiovascular, brain and overall health, every bottle sold removes 1 lb of plastic from the ocean IFOS certified
★ **Line Drive** 240 sGels **55.79**

SAVE 10%



GREEN BEAVER Frosty Mint Toothpaste

★ Fluoride-free, all-natural formula cleans teeth and freshens breath, natural mineral whiteners, creamy smooth texture safe for all ages
★ **Line Drive** all ages 75 mL

SAVE 15%
6.79

LIVING ALCHEMY ORGANIC

Your Flora Probiotic Terrain

★ Fermented with 45+ diverse strain Kefir-Kombucha culture, helps microbiome and supports digestive health, repairs & delivers nutrients while relieving a compromised gut lining ★ Filler free

SAVE 15%

40.79

60 vCaps



★ Your Flora & Mushroom Series On Sale

NEW ROOTS HERBAL Sterols & Sterolins

★ Comprehensive support for maintaining healthy cholesterol levels, lower total blood and LDL, maintain healthy HDL levels, promote balanced cholesterol and support overall cardio health
★ **SAVE 15%+** 120 sGels



NOW Zinc Picolinate

★ Highly absorbable, supports immune function, skin health, metabolism and overall wellness
★ **NOW Immune Line Drive**

SAVE 15%

14.44

100 vCaps



ST. FRANCIS HERB FARM Osha

★ Wildcrafted osha root used to treat chest complaints such as catarrhs, cough, bronchitis, helps ease symptoms of cold, flu and upper respiratory infections
★ **Line Drive**

SAVE 15%

50 mL



ORGANIC BC PRODUCE

ORGANIC BC Akane Apples



1.99 lb
\$4.38 kg
SAVE \$1.00/lb

ORGANIC BC Bartlett Pears



2.49 lb
\$5.48 kg
SAVE \$1.00/lb

ORGANIC BC Red Bell Peppers



6.99 lb
\$15.38 kg
SAVE \$1.00/lb

GROCERY

NOW ORGANIC Better Stevia Liquid Sweetener

★ ALL NOW'S STEVIA, ERYTHRITOL, MONK FRUIT & XYLITOL ON SALE!

SAVE UP TO 36%



ACROPOLIS ORGANICS BIOHARVESTED

Extra Virgin Olive Oil

★ VINEGARS ALSO ON SALE!

SAVE UP TO 22%



HONEY STINGER ORGANIC

Mini Honey Energy Waffles

SAVE 27%



TAJ MAHAL ORGANIC

White or Brown Basmati Rice

★ EVERLAND'S FRESHLY GROUND PEANUT AND COCONUT BUTTERS, AND TAHINI ALSO ON SALE!

SAVE UP TO 28%



FIELD ROAST Plant-Based

Smoked Apple & Sage Sausages

★ FRANKFURTERS & CHAO SLICES ALSO ON SALE!

SAVE UP TO 26%



COOLER CO.

Unsweetened Yerba Mate

★ ALL YERBA MATES ON SALE!

SAVE 27%



Find these Yerba Mates in the cooler next to the till



GT'S LIVING FOODS Alive Mood + Mind Reset Root Beer

★ A SPARKLING RESET W/ ADAPTOGENS!
★ **SAVE 20%** ★ ON ALIVE TONICS & SELECT KOMBUCHAS!

JOVIAL ORGANIC

Grain-Free Gluten-Free Fusilli Pasta

★ ON A VARIETY OF GRAIN OR GLUTEN-FREE PASTAS, PLUS EINKORN FLOUR!

SAVE UP TO 25%



BARBARA'S Cheez Puffs or Cheez Curls

★ 4 FLAVOURS! MADE WITH REAL CHEESE!



★ Please check all ingredients to ensure products are right for you



BC CORP

ORGANIC

NON-GMO

CRUELTY-FREE



GLUTEN-FREE

DAIRY-FREE

SUGAR-FREE

NUT-FREE

CORN-FREE



VEGAN

VEGETARIAN

CANADIAN

BC MADE

SALES ON FROM

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116

SEPT. 9TH
TO SEPT. 15TH